

**NEW!** ON-LINE REGISTRATION AT  
[www.jcddrb.org/together](http://www.jcddrb.org/together)

## TOGETHER

TOGETHER is an advisory group to the Jefferson County Developmental Disability Resource Board (JCDDRB) and in turn other agencies who support people with developmental disabilities. Agencies and individuals working "together" can accomplish greater things than if they work alone.

### ALL PROCEEDS BENEFIT THE SPECIAL DENTAL FUND

Proceeds from this event will be allocated to the Special Dental Fund through the JCDDRB Barb McDowell Fund. The Dental Fund will help consumers with developmental disabilities access emergency dental care if no other funding source is available. Those with emergency dental care often rely on emergency rooms for treatment of pain and infection. In turn, this increases the financial burden of the emergency health care system, as well as the provider.

Your support of the Going the Distance for All Abilities 5k Fun Run and 1 M Walk will make it possible to provide funding to consumers in Jefferson County that urgently need dental care. There are currently over 1100 individuals with developmental disabilities receiving Service Coordination through St. Louis Regional Office and JCDDRB.

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## EVENT SCHEDULE

**Saturday, March 31, 2012**

West City Park, Festus, MO 63028

7:30 a.m.-8:15 a.m.

### Registration

8:20 a.m.

Welcome Introduction

### Course Details

5K Fun Run/Walk & 1 Mile Fun Run/Walk

**START TIME!**  
**8:30 A.M.**

Awards immediately following

### Event Details

#### REFRESHMENTS:

Available at the start/finish line and along the course. Participants can bring their own beverages.

#### T-SHIRT:

**Guaranteed for all pre-registered attendees.**

Race-day entries are not guaranteed a t-shirt.  
(First Come-First Serve)

Bib Numbers are to be worn on front of t-shirts.

#### WEATHER:

**Rain or Shine**

Will not be rescheduled due to weather.

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## TOGETHER 5K FUN RUN & 1M WALK



GOING THE  
**DISTANCE**  
FOR ALL  
**ABILITIES**

**SATURDAY, MARCH 31, 2012**

WEST CITY PARK  
FESTUS, MO 63028

# REGISTRATION

Please complete this form, pre-registration must be postmarked by March 16, 2012.

- 5K Run/Walk**       **1 Mile Fun Run/Walk**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Age (as of 3/26/12) \_\_\_\_\_

E-mail: \_\_\_\_\_

**Gender:**  Male  Female

**T-Shirt Size:**  S  M  L  XL  XXL  XXXL

*Shirts are 100% Cotton 5.5 oz and unisex adult sizes.*

\$25.00 Pre-Registration Post-Marked by March 16, 2012

\$25.00 Team Pre-Registration \*\*6 or more members\*\*  
*Teams will receive a team designated t-shirt*

Team Name: \_\_\_\_\_

\$25.00 Sleep-In Option—support the event from the luxury of your bed!

### T-Shirts can be picked up at:

JCDDRB Service Coordination Office  
1615 Vine School Road, Herculaneum, MO  
March 26th-April 1st between 8am-4pm

\$5.00 Individuals receiving services through St. Louis Regional Center and JCDDRB.

\$30.00 after March 16, 2012  
*Packet Pick-up Day of Event at Registration. Not guaranteed a t-shirt.*

### Packet Pick-up Day of Event at Registration.

#### **MUST SIGN WAIVER TO PARTICIPATE.**

In consideration of the acceptance of my entry, my heirs, executors, administrators, and assignees do hereby release and discharge the JCDDRB, TOGETHER group, 5K Race Committee, sponsors, organizers, the City of Festus, their officials and members of all claims and damages, demand and action whatsoever in any manner incurred by my participation in the 5K Race, 5K Walk, 1 Mile Events on March 31, 2012. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in the event. I also release the use of my name or any record of my participation in this event to include but not limited to photos, videos, or other digital media for promotional or publicity purposes without remuneration or obligation to me.  
*\*Individuals under 18 yrs. old must have form signed by guardian to participate.*

Participant/Guardian Signature: \_\_\_\_\_

**Participant & team photo opportunities available prior to race start!**

## PRIZES & AWARDS:

Race Awards will be announced and distributed following the race.

## TRAVELING TROPHY

The 5k Team with the best overall time will have their name included on the annual team trophy.

## 5K FUN RUN/WALK:

Trophies for overall male and female finishers  
Medals for the first three male and female finishers in the following age groups:

0-9; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39;  
40-44; 45-49; 50-54; 55-59; 60-64; 65 & Over

## 1 MILE FUN RUN / WALK:

Ribbons to all participants

## DIRECTIONS

**West City Park  
National Guard Drive  
Festus, MO 63028**

### From St. Louis:

Hwy. 55 South to Festus/Hillsboro Exit #175  
Turn Right onto Veterans Blvd./MO-A,  
Turn Right onto Collins Drive,  
Turn Right onto West Main Street, Go 1/10 Mile  
Turn Left onto Sunshine Drive,  
Park will be on right 1.3 miles ahead.

### From South of Festus:

Hwy. 55 North to Festus/Hillsboro Exit #175  
Turn Left onto Veterans Blvd./MO-A,  
Turn Right onto Collins Drive,  
Turn Right onto West Main Street, Go 1/10 Mile  
Turn Left onto Sunshine Drive,  
Park will be on right 1.3 miles ahead.

### Parking:

Parking available in lot across the street from the park (near baseball/softball fields).  
**Park will be closed to vehicle traffic during event.**

# SPONSORSHIP OPPORTUNITIES

## Presenting Sponsor \$1,500.00

- Listed in all event publicity and media including racing websites and 2nd run of registration flyer.
- "Presented By..." Signage- Finish Line Banner
- 2 Course Signs Listed as Presenting Sponsor on T-shirt (largest top placement)
- Sponsor Photo

## Gold Sponsor \$500.00

- Listed in event publicity as gold sponsor Signage
- 2 Course Signs Listed as Gold Sponsor on T-shirt

## Silver Sponsor \$250.00

- Listed in event publicity as silver sponsor Signage
- 1 Course Sign Listed as Silver Sponsor on T-shirt

## Bronze Sponsor \$100.00

- Listed as Bronze Sponsor on T-Shirt
- Business Name or One Color (Black) Logo included on Race T-Shirt (back), *must be received by March 16, 2012.*

*Logo items (brochures, notepads, balloons, pencils, key chains, prizes, etc.) can be placed in the official race packet.*

*Items must be received no later than March 16, 2012.*

*If using logo, please provide finished, camera-ready artwork.*

Sponsor Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

- I'd like to volunteer for the event. Please contact me.*
- I'd like to donate for the event (i.e. prizes, money, snacks).*

My donation: \_\_\_\_\_

**Please send form and payment by  
March 16, 2012 to:**

**JCDDRB**

**Attn: Going the Distance**

P.O. Box 97 Mapaville, MO 63065  
(make checks payable to JCDDRB)