



Provided courtesy of
Disability Support Systems
of Jefferson County

Jefferson County Alphabet Soup of Acronyms Used When Discussing Disability

Agencies & Program-related

Acronym/ Slang	What?
ADA	Americans with Disability Act--federal civil rights law that protects people with disabilities. Addresses barriers in employment, public accessibility, etc.
ARC	DSS was previously known as Jefferson County Association for Retarded Citizens (ARC or JCARC). There is still a national organization called The Arc & they have a MO chapter so this may be the reference also.
AVS	Adult Vocational Services--the vocational department of DSJC
BSHCN	Bureau of Special Health Care Needs, a state agency
CARF	Rehabilitation Accreditation Commission
COMTREA	Community Mental Health--Jefferson County publicly funded mental health center for outpatient mental health services, drug/alcohol services, high risk kids, & more
CSS	Community Support Services--a department at Developmental Services of Jefferson County
DESE	Department of Elementary and Secondary Education--state department over schools, Vocational Rehabilitation, 1st Steps and various other education related programs
DHSS	MO Department of Health and Senior Services
(dhss) DOA	Division of Aging--now called Health and Senior Services and now under health departments rather than social services dept.
(dhss) DOH	MO Department of Health
DMH	Department of Mental Health--the department in state government responsible for providing support in three areas including drug/alcohol, mental health, and mental retardation/developmental disabilities. The Regional Center is the local MR/DD office.
(dmh) SLRC	St. Louis Regional Center for Mental Retardation/Developmental Disabilities
(dmh) MR/DD	Div. of Mental Retardation/Developmental Disabilities
(dmh) ADA	Div. of Alcohol and Drug Abuse
(dmh) CPS	Div. of Comprehensive Psychiatric Services
DRA	Disability Resource Association--name of Jeff County's center for independent living. They support people with all disabilities as defined by ADA.
DSJC	Developmental Services of Jefferson County--they provide leisure supports as well as adult day programing, individual supports, residential
DSS	Disability Support Systems of Jefferson County
DSS	MO. Dept. of Social Services
(dss) CD	Children's Division--adoptions, abuse/neglect investigations, foster care
(dss) DMS	Division of Medical Services--Medicaid
(dss) FSD	Family Support Division--child support enforcement, income maintenance, Rehabilitation Services for the Blind
(dss) DYS	MO Division of Youth Services--delinquent youth
(dss) DFS	old acronym that stood for Div. of Family Services
(dss) RSB	Rehabilitation Services for the Blind

DVR	See Voc Rehab
ECC	Early Childhood Council (Jefferson County's LICC)
ECSE	Early Childhood Special Education
EPSDT	Early Periodic Screening Diagnosis and Treatment Program (Medicaid)
FHSN	Family-Home Support Network--DSS's respite program
HCY	Healthy Children & Youth (same as EPSDT)
HUD	Housing and Urban Development, federal
JCCH	Jefferson County Commission for the Handicapped--former name for JCDDRB
JCCP	See Partnership
JCDDRB	Jefferson County Developmental Disabilities Resource Board--the name of our county developmental disability board that receives county tax dollars designated for these supports
JCT	JC Transit--transportation provider (for people with disabilities) administered by OATS under contract with JCDDRB.
JOIN-N	Jefferson County On-line Information Network--local community information network dedicated to making local information available and easily accessible on the Internet www.jeffersoncountyonline.org
JSI	Jeffco Subcontracting, Inc.--name of sheltered workshop in Arnold
LICC	Local Interagency Coordinating Council (early intervention)
MOSPIN	MO Statewide Parent Involvement Network
MPACT	MO Parents Act
MSB	MO School for the Blind
MSD	MO School for the Deaf
NORD	National Organization of Rare Disorders
OATS	Organizaed Alternative Transportation Services, Transportation provider for elderly and disabled
P&A	Missouri Protection and Advocacy--statewide program charged with protecting the rights of people with disabilities
PAT	Parents as Teachers
Partnership	Jefferson County Community Partnership--local group dedicated to making Jefferson County a better place. They receive public and private grants to fund projects of benefit to citizens in Jeff County.
PBI	Pony Bird, Inc.--provider agency supporting individuals with severe and multiple disabilities. They offer respite, residential, day habilitation, therapies, and a small school program.
SB40	Senate Bill 40, legislation that enabled counties to establish tax supported board to aid individuals with developmental disabilities
SLRC	St. Louis Regional Center--see DMH
SSA	Social Security Administration
SSI	Supplemental Security Income
SSDI	Social Security Disability Income
TANF	Temporary Assistance to Needy Families
Voc Rehab	Vocational Rehabilitation--part of DESE that works with people who have disabilities that interfere with them working or obtaining training
WIC	Women, Infants, and Children (fed'l nutrition program)

Disability or Treatment Related Acronyms

Acronym/ Slang	What?
ABA	Applied Behavior Analysis
ADD	Attention Deficit Disorder
ADHD	Attention Deficit Hyperactivity Disorder
ADL	activities of daily living

AFO	Ankle-Foot Orthotics
AIDS	Acquired Immune Deficiency Syndrome
ASL	American Sign Language
BD	Behavior Disorder
BT	behavior therapy
CF	Cystic Fibrosis
C.N.A.	Certified Nurses Assistant
CM	Case Manager--professional who assists a family or individual in planning and obtaining needed supports. Current preferred term seems to be service coordinator.
COTA	Certified Occupational Therapy Assistant
CP	Cerebral Palsy--condition that results from damage to the brain that results in paralysis in the muscles controlled by the area of damage
DD	Developmental disability--a disability that occurs before age 22 and will result in a lifelong significant impairment in functioning
DJO	Deputy Juvenile Officer
DT	Developmental Therapy
Dx	diagnosis
EMH	Educable Mentally Handicapped
FAS	Fetal Alcohol Syndrome
FAE	Fetal Alcohol Effect
FDS	Family Directed Support
Hab	habilitation--strategies used to help a person who never had a specific skill to acquire that skill. Often used in conjunction with people with developmental disabilities.
Hab Center	habilitation center--operated by DMH. Usually large residential facilities.
Hx	history
ICF/MR	Intermediate Care Facility for People with Mental Retardation
ID	intellectual disability
IDEA	Individuals with Disabilities Education Act--Federal law that mandates a free and appropriate education in the least restrictive setting for children with disabilities
IEP	Individual Education Plan--used by public schools to map out special education strategies
IFSP	Individual Family Support Plan--used in 1st Steps and other early intervention programs to outline strategies that will be provided to minimize the impact of the child's condition and to maximize the parent's involvement
IHP	Individual Habilitation Plan--previously use at Regional Center to document needed supports
IQ	intelligence quotient
ISLA	Independent Supported Living Arrangement
LD	Learning Disability
LPN	licensed professional nurse
MA 1	Medication Aide, level 1
MC+	Program under Medicaid
MD	muscular dystrophy
MDE	Multidisciplinary Education (1st Steps)
MMR	Mild or moderate mental retardation
MR/DD	Mental Retardation &/or Developmental disability (see DD)
MS	Multiple Sclerosis
OT	Occupational Therapy
OTR	Occupational Therapist-registered

PCP	Person Centered Plan--planning process that keeps the consumer as the primary focus. Completed annually. For Service Coordinators at Regional Center & JCDDR this plan "drives" the funding decisions.
PDD	Pervasive Developmental Disorder
PKU	Phenylketonuria
PT	Physical Therapy
RCF	residential care facility
RN	Registered Nurse
Rehab	rehabilitation--strategies used to help a person who once had a specific skill to regain the skill. Used when a person acquires a disability or suffers an injury.
Res.	residential
Rx	prescription
ROM	range of motion
SC	Service Coordinator--assists family or individual in planning and coordinating needed supports.
SED	Severe Emotional Disorder
SLP	Speech and Language Pathologist
SNF	skilled nursing facility
SpTx	speech /language therapy
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf
TTY	Teletypewriter
Tx	treatment or therapy
WC	wheelchair

Misc. Medical Shorthand

Shorthand	Definition
a.c.	(ante cibum) before meals
ad effect	until effective
ad lib	as much as desired
ap	(ante prandium) before dinner
aq	(aqua) water
bid	(bis en die) twice each day
c	(cum) with
dbl	double
h.s.	(hora somni) at bedtime
IM	intramuscular
k	constant
MDR	minimum daily requirement
MED	minimum effective dose
npo	(nil peros) nothing by mouth
ō	(nono) without
O.D.	(oculus dexter) right eye
O.S.	(oculus sinister) left eye
per os	by mouth
qd	(quaque die) every day
qh	(quaque hora) every hour
qid	(quater in die) four times a day
qv	(quatum vis) as much as you wish
STAT	(statim) immediately
T or T°	temperature
tid	(ter in die) three times each day
ut dict	(ut dictum) as directed
w/	with