



JCDDRB NEWS

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Volume 15, Issue 1

Spring 2011

GOING THE DISTANCE FOR ALL ABILITIES 5K & 1 MILE FUN WALK/RUN

On March 26, despite the cold, over 100 people came to the Going the Distance for ALL Abilities 5K & 1 Mile Fun Walk/Run held at West City Park, in Festus, MO. **Don Brown won the overall male runner with a time of 18:30, Heather Lang was top female coming in at 20:45. Proceeds of over \$3,000 will go to the Special Respite Fund** offering services to 30 families on the waiting list to receive this much needed break. The event was presented by the **TOGETHER Group**, the advisory committee to the Jefferson County Developmental Disabilities Resource Board (JCDDRB).

There were 250 people signed up for the event. The results and pictures are posted on the JCDDRB website <http://jcddrb.org/5kresults.pdf>.



Jen Crane, Dawn Bush, and Cooke Clark



The event was made possible through our sponsors: JCDDRB, YMCA, Kiwanis Aktion Club, Jefferson Regional Medical Center, MPG Marketing, Wehners' Awards and JeffCo Express.

Team Road Runners

Front (Left to Right): Holly Schilly, Haley Reed, Jessica LaRose, Cheryl Drury (Marketing Products Group), and Maria LaRose
Back (Left to Right): Elle Korenak, Allison Gettinger, and Kristen Meyer

The mission of the Jefferson County Developmental Disabilities Resource Board is to provide resources and supports that enable individuals in Jefferson County with developmental disabilities to live full and enriched lives.

AMY RHODES JOINS BOARD OF DIRECTORS

At the November 2010 meeting, Amy Rhodes was sworn in as a member of the Jefferson County Developmental Disabilities Resource Board (JCDDRB) and NextStep for Life Board of Directors. Ms. Rhodes lives in southern Jefferson County and is employed as the CFO at COMTREA. Amy said the following when asked about her experience with the board thus far, "Overall I have enjoyed my time on the board to date and look forward to learning more and helping where I can. I feel like I am a part of an organization that is helping those that don't always have an easily heard voice. That makes me smile." Welcome, Amy!



Tom Bookstaver, Chairperson and Amy Rhodes, Newly Appointed Board Member



JCDDRB Board of Directors

Mr. Tom Bookstaver
Chairperson

Ms. Nancy
Smith Walker
Vice Chairperson

Mr. Vince Coleman
Treasurer

Ms. Margo Pigg
Secretary

Mr. Gary Roettger
Director

Dr. Anthony Casey
Director

Mr. Bill McKenna
Director

Ms. Barbara Uhls
Director

Ms. Amy Rhodes
Director

Jennifer Wooldridge
Executive Director



The Board of Directors passed the *Jefferson County Developmental Disabilities Resource Board (JCDDRB)* budget for fiscal year 2012 (July 2011 – June 2012). A number of agencies will be receiving allocations: *Disability Resource Association; Elks Dental Program; Jeffco Subcontracting, Inc.; NextStep for Life, Inc.; Pony Bird, Inc.;* and, *Sunnyhill, Inc.* for individual transportation training. Funding will be maintained for JC Transit and our office will continue to provide Service Coordination supports. We will continue advocating efforts for those needing services in our county by working with state legislators and the Department of Mental Health – Division of Developmental Disabilities. We are also committed to finding ways to maximize funding through partnerships with State and Federal entities.

TOGETHER, the advisory group to JCDDRB has announced that nominations are now being accepted for the 2011 Direct Support Specialist Awards. Winners will be recognized in August at the *JCDDRB/NextStep for Life Annual Staff Conference* attended by staff from all local organizations with services supporting individuals with developmental disabilities. The awards are given to direct care staff working with individuals with developmental disabilities and who are dedicated to providing opportunities for

people they serve to become active, valued members of the Jefferson County community. To be nominated, a person must meet the following criteria:

1. Be employed full or part-time in Jefferson County and working with individuals living in Jefferson County.
2. Spend 85-100% of his/her time in direct support with no staff supervision responsibilities.
3. Hold a position that DOES NOT require any college hours.
4. Demonstrate consistent, outstanding achievement.
5. Exhibit sincere dedication.

Nominations are being accepted in the areas of Vocational/Employment, Day Services/Supports, Residential Services, and Other. The "Other" category includes such areas as: respite care; transportation provider; leisure or recreational programs; or, someone working in another type of specialized program serving people with developmental disabilities.

Nominations will be accepted until July 1, 2011. A form is available in this issue of the newsletter. You can also obtain a nomination form by visiting www.jcddrb.org and clicking on the "Direct Support Awards" button. If you do not have access to the Internet you can contact Linda Wolf at 636-931-6644 or Jennifer Wooldridge at 636-282-4400 and a form will be mailed to you.

Cont. on page 3—Executive Director

DISABILITY SUPPORT SERVICES BECOMES FAMILY SUPPORT SERVICES UNDER NEXTSTEP FOR LIFE

At the February 28, 2011, board of directors meeting for the Jefferson County Developmental Disabilities Resource Board (JCDDRB) and NextStep for Life, a resolution was passed to go forward with a merger plan between Disability Support Systems (DSS) and NextStep for Life.

DSS was founded in 1956 as the Jefferson County Association for Retarded Children and has been providing assistance for 26 years to families in need of respite care. Respite gives family caregivers a break from the challenges they face. Currently DSS is serving 400 families with respite care and an estimated 200 through the Kid

Start equipment lending program. DSS also provides parent trainings and long-term care materials and will continue to do so under NextStep for Life programming.

DSS has worked for over 50 years to fill service gaps and has worked hand in hand for the past 30 years with the JCDDRB and NextStep for Life. DSS and NextStep have similar missions and philosophies and have worked so closely together that it makes perfect sense to merge.

All three staff from DSS will join the ranks of NextStep. Linda Wolf, who has served 26 years as the Executive Director for DSS, is looking forward to concentrating on program

development. Prior to the merger, the demanding administrative responsibilities of running a non-profit such as human resources, fundraising, and IT had limited the time spent on creating long-term solutions for growing service needs.

"NextStep for Life will be able to provide an additional service by offering family supports through the merger," Jennifer Wooldridge, Executive Director for NextStep for Life stated. "This union will allow NextStep to make available a greater range of comprehensive services which will enhance our ongoing mission of giving people opportunities to pursue a life of quality and dignity."

Cont. from page 2—Executive Director

These awards are a great way to recognize the hard work and dedication of people who have long been under-appreciated for all that they do to make the lives of people with developmental disabilities better and meaningful. If you need further clarification or have questions, please email lwolf@dssjeffco.com or jgwooldridge@jcddrb.org.

Thank you and have a safe and healthy summer!

Jennifer Wooldridge

Executive Director

Barb McDowell Fund DONATIONS / HONORS / MEMORIALS

Mr. and Mrs. Lyle Wilson

In Honor of Lynn and Nancy Walker

By Ms. Carolyn Weimar
By Mr. and Mrs. Karl Burke

In Honor of Sean, Maggie, and Alexis McDowell

By Mr. and Mrs. Larry McDowell

In Honor of Anthony Casey

By Mr. and Mrs. Lynn Walker

In Honor of David McDowell

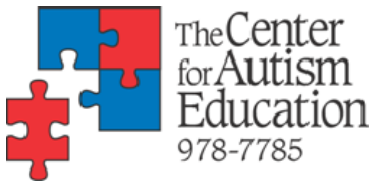
By Wesley GOLD Class at
Wesley Memorial
Methodist Church

In Memory of Jerry Lovelace

By Mr. and Mrs. James
Lovelace
By JCDDRB Administration
Staff

JCDDRB DONATIONS

Christian Women's Fellowship
First Christian Church Festus
Ms. Marcia Stamm
Tulley Steel and Supplies



The Center for Autism Education 2011 Training Autism, Asperger's and Behavior Training Wednesday Evenings from 6:30-8:30

August, September, October and November



Amy Buie has over 20 years of experience with students who have Autism or Asperger's Syndrome. She is the founder and Executive Director of the Center for Autism Education, a non-profit school for children with severe and challenging

behaviors. She is a Board Certified Behavior Analyst and is recognized as a Missouri Autism Consultant. Amy has a Master's degree in Special Education and frequently presents workshops and conferences in the tri-state area. As a faculty member at the University of Missouri-St. Louis, Amy teaches course work in Autism Studies for the Masters Program in Special Education. Her area of expertise is working with Functional Behavior Assessments and Reinforcement based strategies to behavior reduction.

Registration Information:

Register by e-mail to diana@teachautism.org.

The workshop will be held at:

The Center for Autism Education

105 Sheriff Dierker Court

O'Fallon, MO 63366

(636) 978-7785

Fax (636) 978-7885

www.teachautism.com

Each four-week training session is available monthly during August, September, October, and November.

\$25 per class for professionals

\$10 per class for parents

Respite may be available on request.

First Wednesday of the Month

Understanding Autism Spectrum Disorders

Diagnosing Autism

Educational vs. Medical Autism

Defining Characteristics of Autism

Language Supports

Sensory Supports

Second and Third Wednesday of the Month

Strategies for Challenging Behaviors

Functional Behavior Assessment

Tools for Completing an FBA

Behavior Strategies

Visual Based Strategies

Reinforcement Based Strategies

Functional Communication Training

Differential Reinforcement

Strategies for Behavior Reduction

Fourth Wednesday of the Month

The Explosive Child—Strategies for children With Asperger's and Behavior Disorders

Understanding Tantrums vs. Meltdowns

Reasons Why Kids Have Explosive Behavior

Effective Strategies for Explosive Behavior

Using the Collaborative Problem Solving Approach

Understanding Bi-Polar and Oppositional

Defiant Disorder

Supporting Children with Asperger's at home and at school

7th Annual All Abilities Expo Held

There were 400 people who turned out for the seventh annual All Abilities Expo held in March at the Fox C-6 Service Center in Arnold. A number of groups of people with

disabilities gave demonstrations and a Zumba demonstration was held. Twenty-four vendors and agencies were at the event, providing information about products and services they provide for people with disabilities. **The Aktion Club of Jefferson County, a branch of the Festus-Crystal City Kiwanis Club for people with disabilities, was recognized.** "It

has over 30 members, and it's the only one in the St. Louis area," reported Bill Knittig, Service Coordination Director and organizer of the Expo. **In addition to the Jefferson County Developmental Disability Resource Board, the event was sponsored by the Fox C-6 School District and the Arnold Aging and Disabilities Commission.**

Spectrum Training Systems, Inc.

UPCOMING ST. LOUIS WORKSHOP

Disobedient, Disruptive, Defiant, and Disturbed Students: Behavioral Interventions for Challenging Students

August 11 - 12, 2011 - St. Louis, MO - With Howard Knoff, Ph.D.

Workshop Description:

This interactive presentation focuses on how to establish the effective school-wide Positive Behavioral Support (PBS)/ Discipline, Behavior Management, School Safety systems (Tier 1) in all schools that increase students' pro-social skills, academic engagement, and academic achievement. Using this PBS foundation, Strategic (Tier 2) and Intensive (Tier 3) interventions to assist challenging students who are behaviorally unsuccessful or non-responsive then are described.

How to specifically plan, implement, and evaluate Tier 2 behavioral interventions are especially emphasized over the two-day session. They will be organized to address the need to:

- ◆ Increase or Establish New Student Behaviors;
- ◆ Decrease or Eliminate Inappropriate Student Behaviors;
- ◆ Teach Attention and Engagement Skills;
- ◆ Teach Social, Self-

Management, and Self-Control Skills;

- ◆ Increase Student Motivation; and
- ◆ Address Teasing, Taunting, Bullying, Harassment, and Physical Aggression/ Fighting.

The specific interventions discussed will be evidence-based, teacher-friendly, and field tested.

This workshop will provide case examples as appropriate. For each intervention, the following information will be provided:

- ◆ Problem Situations where the Intervention is most-used or most useful;
- ◆ Functional Assessment Outcomes that necessarily link to make this intervention relevant;
- ◆ The Age Levels where the Intervention will be most successful; and
- ◆ The Severity Level of the Student and/or Problem where the Intervention will be most successful.

Conference Location:

Holiday Inn Select Downtown
811 N. 9th Street
St. Louis, MO 63101
314-421-4000

A block of discounted rooms is available for \$84 plus tax per night. Please call the hotel to make reservations. Parking is \$5 per day.

Conference Fees:

(Early Bird through June 27)
Early Bird- \$175.00
Regular- \$205.00

Information on graduate credit, CEUs, conference schedule, directions and registration can be viewed at our St. Louis web page.

Upcoming Conference Opportunity:

"The Inclusive Classroom, and Asperger Syndrome"

Naperville, IL

July 18 - 19, 2011

Please visit
www.SpectrumTrainingSystemsInc.com

for more detailed conference and registration information.

For more details and registration, go to:

http://www.spectrumtrainingsystem.com/stlouis_mo.html

Spectrum Training Systems
(920) 749-0332



30 YEARS & STILL GOLFING

This year's tournament marked the **30th anniversary** of the JCDDRB Golf Classic. Memorabilia from past tournaments was displayed along with a slideshow of golfers from the past 30 years, some of whom are still playing golf in the annual event.

It sprinkled all day on the Union Hills Golf Course, but no complaints were heard from the golfers! One golfer said **"Any day on the golf course is better than a day at work"**.

Dallas Giffin and **Rob Kissee** were honorary chairpersons. Both Dallas and Rob competed at the Special Olympics National Games in 2010. Dallas wore his medals for bowling and Rob for powerlifting. While Rob rode in a golf cart with Jennifer Wooldridge, Executive Director, to greet the golfers, Dallas gave golfers a chance to tee off closer to the hole in Dallas's Quick Draw

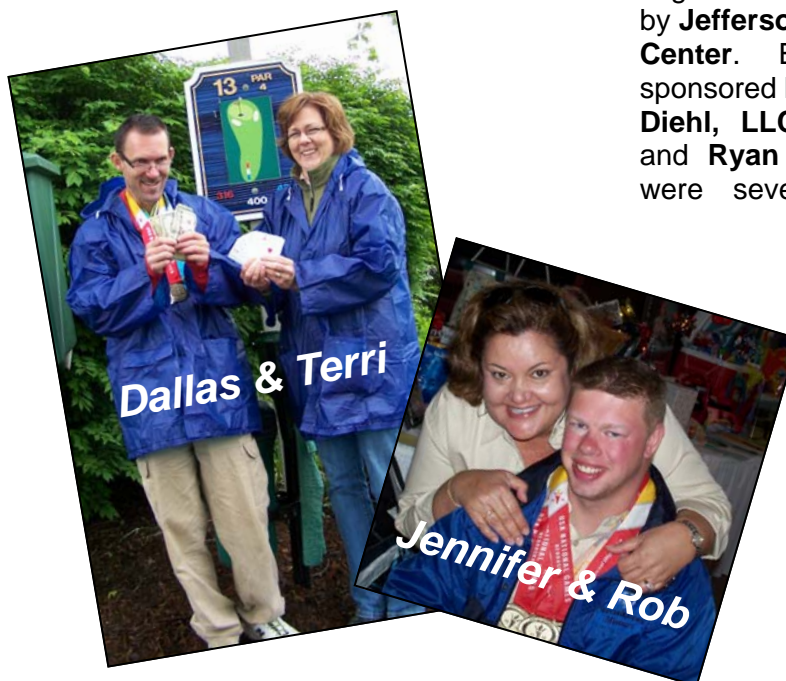
event named in his honor. Participating teams had to draw a face card to get the advantage.

The 26 teams and many sponsors contributed approximately **\$16,000.00** to support people with developmental disabilities. A portion of the proceeds will help those served by NextStep for Life, Inc. and a portion will benefit those individuals

receiving funding from the **Barb McDowell Memorial Fund**.

Due to the earlier start time, golfers started out with a breakfast sponsored by **Missouri Natural Gas**. A late lunch was served, which was sponsored by **Ameren UE**. **Troy Hardin of Jim Butler Chevrolet** sponsored T-shirts were given to each golfer commemorating the anniversary. Flight awards were sponsored by **Jefferson Regional Medical Center**. Beverage carts were sponsored by **Anders Minkler & Diehl, LLC (a new sponsor)** and **Ryan McKenna**. There were several course events;

Longest Putt was sponsored by **PJ Vollmer & Associates**, the Longest Drive for Men was sponsored by **Bank of Hillsboro**, and the Hole In One contest sponsored by **Twin City Toyota**.



Championship Flight	A Flight	B Flight	Longest Drive
1st Place <i>Coventry/GHP Team</i> Jim Anderson Drew Santee Mick Rembold Daniel Arell	1st Place <i>Roy Burnside Team</i> Al Hulme Don Pogue Paul Kopp Dr. E. Verzola	1st Place <i>Jerry Rogers Team</i> Jerry Rogers Jim Craig Bill May Danny Tuggle	Longest Drive Mark Streeper (Men) Leroy Gurnow (Sr. Men) Marylin Nelson (Women)
2nd Place <i>Andre's Banquet Center Team</i> John Armengol, Jr. Greg Bresler Don Beckerle John Winkelman	2nd Place <i>Marketing Products Group Team</i> Cheryl Drury Paul Drury Scott Dix Denise Dix	2nd Place <i>Ameren UE Team</i> Ken Schmidt Charlie Ervin Bob Dixon Del Tovrea	Longest Putt Gary Roettger
			Closest to the Pin John Armengol, Jr.
			Skins Winners Missouri Natural Gas Andres Banquet Center Anders Minkler & Diehl

Thank you to all who had a part in helping individuals pursue a life of quality and dignity.

HOLE SPONSORS

AHM Financial - Carol Stojeba
 Tom & Sue Bookstaver,
In Honor of Tom Beck
 Tony Casey,
In Memory of Barb McDowell & Faherty Casey
 Champion Scale, Ltd.
 Vince & Theresa Coleman,
In Memory of Michael Coleman
 Confi-dents LLC
 Countywide Heating & Cooling
 Hockensmith McKinnis Hamill, PC
 Home Service Oil Co.
 Hopson Lumber Co.
 JSI.Org.
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 Knights of Columbus Our Lady Council
 OATS, Inc.
 Pilliard Service, LLC
 St. Pius High School
 Scott Radiological Group, Inc.
 Sheet Metal Contracting, Inc.
 Twin City Area Optimist Club
 William D. Graham & Associates
 Harry Wood

ALSO CONTRIBUTING

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 Andre's Banquet Center
 Mike Busche
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 Coleman, Vince
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 Pasta House
 Portell, Dick
 Pro-Active Chiropractic, P.C.
 St. Louis Rams
 Ste. Genevieve Golf Club
 Six Flags-St. Louis
 Southern Commercial Bank
 Steven King Insurance Agency
 Terre du Lac Country Club
 Trattoria Guiseppe
 Union Hills Golf Course
 Vines, Delta
 Vogt, Sue

SNACKS AND BEVERAGES

DONATED BY:

Bluff City Beer, Con-Agra, Herrell's Distributing, and Wal-Mart

Championship Flight

1st Place

Coventry/GHP Team



PLAYERS

Anderson, Jim
 Anderson, John
 Arell, Daniel
 Armengol, John, Jr.
 Baker, Adam
 Baker, Brian
 Barada, John
 Beckerle, Don
 Bextermueller, Joe
 Bisch, Dwayne
 Bookstaver, Tim
 Bookstaver, Tom
 Bova, Chris
 Bresler, Greg
 Brown, Phil
 Burr, Corey
 Cahoon, Ed
 Carlyle, Jeff
 Casey, Mary Ruth
 Casey, Tony
 Chiles, Dick
 Christen, Anthony
 Christen, Joe
 Christen, Joey
 Christman, Tom
 Claywell, Bob
 Craig, Jim
 Dix, Denise
 Dix, Scott
 Dixon, Bob
 Dongen, Tom
 Drury, Cheryl
 Drury, Paul
 Duff, Tony

Eberhardt, Roger
 Ervin, Charlie
 Francis, Rick
 Graf, John
 Graf, John
 Gurnow, Leroy
 Guseman, Aaron
 Guseman, Gary
 Hardin, Troy
 Hardman, Randy
 Harris, Eldon
 Helvey, Jake
 Hemphill, Rick
 Hockensmith, Dana
 Hogan, Don
 Hoy, Larry
 Hoy, Shirley
 Hulme, Al
 Knittig, Bill
 Koerber, Tim
 Kopp, Paul
 Lamping, John
 Lipp, Darvin
 Lloyd, Dave
 Loucks, Ron
 Maciocia, Joe
 Mangelsdorf, David
 May, Bill
 Maynard, Paul
 McCabe, Angie
 McCook, Brian
 McDowell, Betty
 McDowell, Larry
 Meyer, Mark
 Meyer, Scott
 Mueller, Carmen

Mueller, Doug
 Murray, Mark
 Nelson, Marylin
 Oberreiter, James
 O'Hare, Tom
 Ott, Matt
 Pelster, Greg
 Pogue, Don
 Portell, Dick
 Rembold, Mick
 Rhodes, Mike
 "Dusty"
 Roettger, Gary
 Rogers, Jerry
 Santee, Drew
 Schmidt, Ken
 Schmoll, Ed
 Schwent, Bob
 Shaughnessy, Mark
 Sheldon, Steve
 Smith, RC
 Thomas, Phil
 Tovrea, Del
 Tucker, Milissa
 Tuggle, Danny
 Verzola, Dr. E.
 Vogt, Sue
 Waitukaitis, Jon
 Walls, Denny
 Ward, Greg
 Wigger, Chris
 Williams, Judy
 Williams, Paul
 Winkelman, John

The JCDDR B NEWS

Jefferson County Developmental Disabilities Resource Board
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Return Service Requested

PONY BIRD ANNUAL GOLF TOURNAMENT

Monday, September 26
Pevely Farms Golf Course
9:00 a.m. registration
10:30 shotgun start

Registration limited to first 144 golfers/36 teams.

KFNS 590 "The Fan" broadcasting the Kevin Slaten show live from 3:00 p.m. - 6:00 p.m. during the dinner, awards, and silent auction portion of the event.

Golf starts at \$170 per player with sponsorship opportunities from \$100 - \$1500 available.

Call Mike Foley at 636-931-5818 to register or to obtain more information.



Meetings of the Board of Directors of the JCDDR B / NextStep are held at 6:30 p.m. monthly on the fourth Monday at:

**JCDDR B
Service Coordination
1615 Vine School Rd.
Herculaneum, MO
63048**



For directions or additional information, please call
(636) 282-4400.

Don't forget to return the enclosed nomination for a Direct Support Specialist.