

RESOURCE GUIDE

**to help people with a
developmental disability
locate the supports and
services they need.**

This large print format is provided by the Jefferson County Developmental Disabilities Resource Board and the TOGETHER advisory group. All graphics have been removed from this format.

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TOGETHER

A Jefferson County Developmental Disability Advisory Group

**Together we can do more
than if we work alone.**

This booklet has been developed by TOGETHER for families in Jefferson County who have a loved one with a developmental disability (refer to page 8 for a definition of developmental disability). Included in this directory you will find information on the Jefferson County Developmental Disabilities Resource Board (JCDDRB), the agencies that receive funding, their state partners, and a resource listing that includes governmental agencies, non-profit agencies, and vendors that do business with the Department of Mental Health Regional Office. Many of the agencies listed can assist you in locating other resources that might also be useful to you. If you need

more assistance, contact your service coordinator. If you do not have one, contact the JCDDRB Service Coordination office at (636) 282-4444 or (636) 937-6946.

TOGETHER is an advisory group to the JCDDRB and in turn other agencies who support people with developmental disabilities. Parents / other family members, self-advocates, and professional / direct care staff from local disability programs can apply for membership. The group meets most months and is made up of nine members who serve rotating terms. All members are asked to make the commitment to attend meetings and be open about their views regarding people with developmental disabilities and support services that are needed in Jefferson County. The values of TOGETHER are taken directly from those adopted by JCDDRB.

VALUE STATEMENTS

- ◆ All participants are treated with respect and dignity and their rights are ensured by persons providing them with services and supports.
- ◆ All participants are accepted and included in the educational, employment, housing, and social opportunities and choices within their community.
- ◆ All participants are viewed as individuals holistically as valued members of families and communities and not as individuals with a diagnosis to be treated.
- ◆ All participants design their own services and supports to enhance their lives and achieve their personal vision.
- ◆ All participants determine the quality of their services and supports based on the outcomes they experience.
- ◆ The organization values creativity and innovation in the provision of services and supports to individuals with developmental disabilities, building relationships and partnerships both internally and externally, and our history and achievements.

What kind of supports are available to individuals with developmental disabilities in Jefferson County?

Here is a partial listing:

- ◆ Special Education
- ◆ Service Coordination
- ◆ Transportation
- ◆ Therapies—OT, PT, Speech, Behavioral
- ◆ Counseling
- ◆ Respite
- ◆ Residential
- ◆ Vocational Assessment
- ◆ Vocational Training / Placement
- ◆ Sheltered Employment
- ◆ Supported Employment
- ◆ Day Habilitation
- ◆ Adult Day Care
- ◆ Parent Training / Education
- ◆ Attendant Care / Personal Assistance
- ◆ Home Modifications
- ◆ Specialized Medical Equipment / Supplies

FUNDING & ELIGIBILITY

There are a variety of funding sources to provide services to persons with developmental disabilities. These can include State of Missouri tax revenue; federal funding for specific programs; or a blend of federal, state and county funds.

In some cases, the Department of Mental Health engages in cooperative funding with other state agencies, such as:

- ◆ Department of Elementary and Secondary Education-Division of Vocation Rehabilitation
- ◆ Department of Social Services-Family Support Division
- ◆ Department of Mental Health-Division of Comprehensive Psychiatric Services

DEPARTMENT OF MENTAL HEALTH

Division of Developmental Disabilities

www.dmh.missouri.gov/mrdd/mrddindex.htm

The Division of Developmental Disabilities provides support services to eligible persons and their families who have developmental disabilities. The Division provides a wide array of services which can be accessed through agencies throughout the state known as regional offices.

Regional offices are designed to assist individuals with developmental disabilities in meeting needs related to their disability through a variety of ways, while maintaining people in their homes and communities, if possible. The services offered by the MRDD Division are strictly voluntary. However, if you wish to obtain services, you must request eligibility determination from your local regional office

(see page 15 for the St. Louis Regional Office-Jefferson County office).

Eligibility is determined by what's known as a functional assessment as opposed to linking eligibility to a specific diagnosis. A developmental disability is a disability which is attributable to mental retardation, cerebral palsy, epilepsy, head injury, Autism, or a learning disability related to a brain dysfunction, or any other mental or physical or mental impairment which occurs before age 22. It must be determined that this disability is likely to continue indefinitely and that it results in a substantial functional limitation in two or more of the following six areas of major life activities: self care, receptive and expressive language development and use, learning, self-direction, capacity for independent living or economic self sufficiency and mobility.

**DEPARTMENT OF SECONDARY &
ELEMENTARY EDUCATION
Division of Vocational Rehabilitation**

www.vr.dese.mo.gov

South Office:

3248 Laclede Station Road
St. Louis, MO 63143
(314) 877-1900

Farmington Office:

901 Progress
P.O. Box 230
Farmington, MO 63640
(800) 640-7110

Vocational Rehabilitation (VR) is a special program designed to help physically or mentally disabled citizens in Missouri obtain employment. In Missouri, VR services are provided by the Division of Vocational Rehabilitation, a part of the Missouri Department of Elementary and Secondary Education. The program is supported by federal and state funds.

To be eligible for assistance from Vocational Rehabilitation:

1. A person must have a physical or mental disability.
2. The disability must be a handicap in getting or keeping a job.
3. There must be a reasonable chance the person can be helped to get a job if appropriate services are provided.

Both men and women are eligible for VR services and there is no age limit for eligibility. As a practical matter though, VR clients are usually those considered to be of an employable age. As a result, the great majority of Vocational Rehabilitation clients are between the ages of 16 and 65.

**JEFFERSON COUNTY
DEVELOPMENTAL DISABILITIES
RESOURCE BOARD**

P.O. Box 97

Mapaville, MO 63065

(636) 282-4400 or (636) 933-0244

FAX (636) 937-3497

info@jcddrb.org

www.jcddrb.org

It is the mission of Jefferson County Developmental Disabilities Resource Board to provide resources and supports that enable individuals in Jefferson County with developmental disabilities to live full and enriched lives.

In August, 1978, the voters of Jefferson County established the Jefferson County Commission for the Handicapped through the passage of

Proposition S—"The Special Ones". On August 17, 1978, pursuant to Section 205.968 of the Missouri Revised Statutes, the Jefferson County Court appointed the first nine-member board. In 2003, the Board of Directors voted to change its name to the Jefferson County Developmental Disabilities Resource Board.

Through the passage of Proposition S, a 10-cent levy was assessed on each one hundred dollars of property evaluated. The funds collected from the 10-cent levy are used to develop community-based supports for individuals with developmental disabilities residing in Jefferson County. Although the levy was rolled back to 6 cents in 1985, the levy was restored to 10 cents in 1988 and remains at that level.

The Resource Board is responsible for administering the county funds for the

development and operation of programs for individuals with disabilities. The board may provide services directly or contract with *not-for-profit* corporations in whole or in part for the services provided.

The board is committed to work in cooperation with state, local and *not-for-profit* corporations in Jefferson County to identify and meet the service needs of individuals with disabilities who reside in Jefferson County.

SERVICE COORDINATION

Service coordinators are responsible for assisting with advocacy and to link persons with disabilities and their families to services. The service coordinator is the primary link to the regional office of the Division of Developmental Disabilities and maintains frequent contact with the person receiving services.

It is also the service coordinator's responsibility to review the provider's progress notes and modify the inter-disciplinary team's plan as needed based upon the circumstance of the individual receiving services. The service coordinator is knowledgeable about where services can be obtained and assists the family or individual in accessing these services.

Services are purchased from contract agencies which are licensed by the Department of Mental Health or other national accrediting agencies to ensure a high quality of service delivery.

ST. LOUIS REGIONAL OFFICE

Jefferson County

2330 N. Truman Blvd.

Crystal City, MO 63019

(636) 931-5720

FAX (636) 931-4918

TTY (636) 931-0047

The St. Louis Regional Office (SLRO) is a state tax supported agency. It is part of the Missouri Department of Mental Health. The SLRO's primary mission is to work with people who are developmentally disabled so that they receive services needed to achieve their fullest potential.

Who is Eligible? People who are developmentally disabled are eligible for SLRO services. A developmental disability is attributed to any mental or physical impairment, manifested before age 22, and likely to continue indefinitely. The disability results in substantial functional limitations and

reflects a need for individual habilitation services that may be of extended duration.

Staff and Services—Every person eligible for SLRO is assigned a service coordinator. The Jefferson County service coordination team has a working knowledge of services and resources available in this area. The staff works with families to identify resources in their community and receive support in getting assistance from those resources. When specialized services are needed, the SLRO can often purchase those services. Fees for specific services are assessed on a sliding scale.

**JEFFERSON COUNTY DEVELOPMENTAL
DISABILITIES RESOURCE BOARD
Service Coordination**

1375 YMCA Drive
Festus, MO 63028

New Address Effective January 1, 2011
1615 Vine School Road
Herculaneum, MO 63048

(636) 282-4444 or (636) 937-6946
FAX (636) 931-3497

scinfo@jcddrb.org

www.jcddrb.org/service

The Jefferson County Developmental Disabilities Resource Board (JCDDRB) and the St. Louis Regional Office (SLRO) have been providing service coordination in partnership since June 2002. The goal of the partnership was to reduce caseload sizes, provide choices to families, reduce the waiting list, and improve the timeliness and efficiency of service coordination in the county.

What are some of the benefits our partnership has produced?

- ◆ More than 450 services have been removed from the waiting list.
- ◆ Partnership with the Jefferson County Health Department for free dental services.
- ◆ Reduction of caseload sizes for the local Regional Office.
- ◆ Recruitment and development of new agencies / services for Jefferson County.
- ◆ JCDDRB has received national accreditation (CARF).
- ◆ Generate funding stream for local clientele.
- ◆ More intimate knowledge of individuals due to smaller case loads.
- ◆ Less travel time to meet with individuals / families.
- ◆ Develop a better knowledge of services in the county.
- ◆ A more flexible service delivery system based upon the needs of the individual or family.
- ◆ More readily available to respond to crisis and / or emergency situations.
- ◆ Ability to generate funding for services from additional funding streams.
- ◆ Increased match opportunities for the Medicaid Waiver program.

SERVICE PROVIDERS

JEFFCO SUBCONTRACTING, INC. dba JSI.Org.

2065 Pomme Road
Arnold, MO 63010

(636) 296-6211

info@jsi.org

www.jsi.org

JSI.Org. is a not-for-profit corporation located in Arnold, Missouri. The shop provides sheltered workshop employment to individuals with disabilities.

The purpose of a sheltered workshop is to provide meaningful employment for individuals with disabilities in a business-like environment.

Contract work is obtained from business and industry. Time studies are completed on work

samples and a bid is then prepared and submitted. General work categories include labeling, sorting, packaging, assembling, mailing coordination, collating, decollating, heat seal packaging, inspections, quality control, shrink-wrapping, and more. Workers are paid commensurate wages based upon their productivity.

Funding for JSI.Org. presently comes from four sources.

1. Contract/production income
2. Missouri Department of Elementary & Secondary Education subsidy
3. Donations/contributions
4. Jefferson County tax levy (established through Proposition S administered by the Jefferson County Developmental Disabilities Resource Board.)

NEXTSTEP FOR LIFE, INC.™

P.O. Box 97

Mapaville, MO 63065

(636) 282-4400 or (636) 933-0244

FAX (636) 282-4410 or (636) 933-0368

nextstepforlife@nextstepforlife.org

www.nextstepforlife.org

In June 1980, the Jefferson County Developmental Disabilities Resource Board established a non-profit corporation to provide direct services. The corporation is known today as **NextStep for Life, Inc. (formerly *Developmental Services of Jefferson County, Inc.*)**, and is certified by the Commission on Accreditation on Rehabilitation Facilities (CARF) in the following areas:

Community Services:

Community Housing

Community Integration

Supported Living

Employment Services:

Community Employment Services

Job Development

Job Supports

Job-Site Training

*Comprehensive Vocational Evaluation
Services*

Employment Transition Services

Governance Standards Applied

NextStep provides services in the following areas: Employment Services, Community Support Services, In-Home/Family Support Services, Leisure Services, and Residential Services as described on the following pages.

NEXTSTEP FOR LIFE, INC.TM

Employment Services

12 Municipal Drive, Suite A

Arnold, MO 63010

(636) 282-4477 or (636) 933-4900

FAX (636) 391-3497

emp@nextstepforlife.org

www.nextstepforlife.org

Employment Services is a comprehensive rehabilitation facility located in Arnold, Missouri. Employment Services offers such programs as: Vocational Evaluation, Employee Development, Community Employment Services, School to Work, Supported Employment, and Enclave Employment.

Referrals to Employment Services are made through the Missouri Division of Vocational

Rehabilitation and the Missouri Department of Mental Health.

Vocational Evaluation—Vocational Evaluation is a systematic testing and assessment program designed for the purpose of assisting an individual in determining employment goals. An individual's work history and specific vocational interests are considered in determining a vocational goal for a job or for attending schooling for training.

School to Work Services—School to Work services are for students with disabilities who are in their final school year and whose vocational goal is employment. Services include participation at a community site for assessment and development of work skills and behaviors needed for employment. Students enter into further AVS programming which support them in obtaining employment.

Employment Outcome Services—

Employment Outcomes Services assist individuals in direct job placement. These activities include instruction in job-seeking skills, resume development, and job retention. AVS staff contacts employers and locates openings for individuals depending on their interests, needs, and abilities. Staff provides free service to community employers by pre-screening prospective employees.

Supported Employment—Supported

Employment provides job-coaching services for individuals who require assistance in learning job duties and maintaining employment. An individual called a job coach is present at the individual's job, to assist in training and developing natural supports needed for that individual to work independently. The job coach is present anywhere from one to six months.

Employment Services staff contacts the employer to insure long-term job retention.

Transitional Employment—In Transitional Employment, Employment Services offers individuals the opportunity to work in a supervised setting. This program is used as a stepping-stone for some individuals and permanent employment for others.

NEXTSTEP FOR LIFE, INC.™
Community Support Services
Leisure Services

1615 Vine School Road
Herculaneum, MO 63048

(636) 282-4415 or (636) 937-1701
FAX (636) 391-3497

css@nextstepforlife.org
leisure@nextstepforlife.org
www.nextstepforlife.org

Adults with developmental disabilities receive needed supports to play valued roles in their community. Independent living, money management, and social skills are some areas in which people may need support. The person-centered plan determines the individual's needs and the specific supports they will receive. There are various sites throughout the county where small groups are

supported. Individual supports are also available.

Community Support Services are funded by the Department of Mental Health, the Jefferson County Developmental Disabilities Resource Board and the United Way.

The county-wide Leisure Services program offers a variety of leisure activities to individuals with developmental disabilities in Jefferson County. This program is funded by the Jefferson County Developmental Disabilities Resource Board.

Group Activities—Group activities are offered to residents eight years of age or older. All activities are held in community-based settings to enhance and promote the opportunity for full and equal participation in the community. A monthly newsletter is sent out to individuals

listing the various activities. Fees are based on the cost of specific activities and the number of people attending. All activities are supervised by qualified group leaders. The level of supervision is determined by the nature of the activity and service needs of the individuals. Transportation is provided for most activities. Participants are picked up at designated points throughout the county. JC Transit transportation is available for selected activities each month.

Vacation Planning—Leisure Services plans vacation packages throughout the year. Each fall and winter, Silver Dollar City trips are scheduled for the Fall Festival and Christmas in Light. Annual visits are made to the YMCA Trout Lodge. Summer vacations are also planned at various locations throughout the United States. Vacations in the past include Chicago, IL; Nashville, TN; Niagara Falls, NY;

Estes Park, CO; Kansas City, MO; and Disney World in Orlando, FL. Choices for trips are offered to participants through the monthly newsletter. Volunteer chaperones are provided.

Special Olympics Missouri—NextStep for Life, Inc.TM sponsors and coaches teams that participate in local and state Special Olympic events. Athletes are also provided opportunities to compete at National and International levels. Events currently include Basketball, Track and Field, Softball, Powerlifting, Bowling, Swimming, and other new sports introduced periodically

Transportation and accommodations for State events are provided at no cost to the participant by Leisure Services with the help of donations and sponsorships.

Scholarship Funds Available—Financial assistance is available through the Dick Bennett Memorial Fund.

Use Leisure Services as a Resource—Information is also available on other services and events not sponsored by Leisure Services, such as summer camp, legal guardianship seminars, plus other opportunities for participants and family.

NEXTSTEP FOR LIFE, INC.TM
In-Home/Family Support Services
(formerly
DISABILITY SUPPORT SYSTEMS
OF JEFFERSON COUNTY)

3875 Plass Road

P.O. Box 97

Mapaville, MO 63065

(636) 282-1414 or (636) 933-3764

FAX (636) 931-3497

familysupports@nextstepforlife.org

www.nextstepforlife.org

The Jefferson County Association for Retarded Citizens was formed in 1955 by parents who wanted to develop services and programs to improve the quality of life for their children who were mentally retarded. In 2001 the organization adopted a change of name to Disability Support Systems of Jefferson County

in part, because they assist individuals with all developmental disabilities and not just mental retardation. Effective June 30, 2011, Disability Support Systems merged with NextStep for Life, Inc.

Respite care is the primary family support offered through DSS' **Family Home Support Network**. The goal of this program is to keep families intact and prevent or postpone a costly residential placement outside the family home. Families are able to obtain reimbursements for the cost of hiring qualified people and/or agencies to take care of their family member with a developmental disability. This strengthens families by allowing them to get a break from the often continuous care and supervision that may be required by someone who has a developmental disability. All referrals come to DSS from the service coordinators at

either the St. Louis Regional Office (SLRO) or the Jefferson County Developmental Disabilities Resource Board (JCDDRB). All ages and all levels of developmental disability are eligible.

Other supports:

Parent Education & Training—A variety of educational opportunities are available for families through out the year. A monthly newsletter keeps families informed of changes and issues that affect their lives.

Community Education—A variety of community awareness activities are available to meet the individual needs of a class, group, business, or club.

KidStart—This lending library contains hundreds of pieces of equipment and developmental materials that parents, therapists, or teachers can check out.

Long-Term Care—DSS has developed a questionnaire to assist families and service coordinators in identifying long-term care planning issues that need to be addressed. A companion to this assessment is a Long-Term Care Planning Workbook to assist family caregivers in doing more detailed planning.

NEXTSTEP FOR LIFE, INC.™

Residential Services

12 Municipal Drive, Suite A

Arnold, MO 63010

(636) 282-4450 or (636) 933-9172

FAX (636) 391-3497

res@nextstepforlife.org

www.nextstepforlife.org

Residential Services offers the opportunity for individuals with developmental disabilities to learn independent living skills in a caring, home-like environment. A team of qualified professionals work with the individual and the family to tailor an individualized training program based upon each individual's specific needs and preferences.

Areas of training may include, but are not limited to: self-help skills, communication,

safety/survival skills domestic skills, recreation/leisure planning, community access, social interactions, academics, money handling, and decision-making. Services available to individuals include transportation, vocational training/employment, adult day rehabilitation, nursing/medical supervision, therapies, and behavior management.

Residential Services are available to individuals functioning at all levels of developmental disabilities. The various residential supports are licensed through the Missouri Department of Mental Health. In order to receive full funding, referrals for residential placement must come through the Department of Mental Health, St. Louis Regional Center.

There are currently four residential options provided by NextStep for Life, Inc.

Community Supported Living—Community Supported Living provides highly individualized support services and training for one to three individuals living in small homes or apartments in the community. Support services and supervision can be tailored to meet the specific needs of the individuals served.

Group Home—Training at the group homes focuses on skill acquisition in the areas of self-help, social interaction, appropriate communication, basic domestic skills, recreation, leisure skills, and safety/survival skills. Opportunities are provided for community access, money handling and decision making. Private and semi-private bedrooms are available with access to a spacious living room, dining room, kitchen and family room, attractively decorated to provide a comfortable home environment.

Assisted Living #1—Residents at Assisted Living #1 share their own two-bedroom apartment with one roommate. Each of the six apartments is fully furnished and the residents maintain the apartment with assistance as needed from staff. The focus of training is on developing the highest level of independence possible in the areas of domestic skills, meal planning, grocery shopping, cooking, banking/budgeting, assessing community services, managing health and medical issues and planning recreation/leisure activities.

Assisted Living #2—Assisted Living #2 provides individualized supports to individuals who require 1:1 or have a high level of need which requires an increased level of oversight. All individuals at Assisted Living #2 receive 24-hour supervision.

PONY BIRD, INC.

#1 Pony Bird Lane

P.O. Box 190

Mapaville, MO 63065

(636) 931-5818

FAX (636) 931-3518

www.ponybird.org

Since 1977, Pony Bird, Inc. has provided 24-hour total care for severely disabled children and adults. Pony Bird was developed to be a special place for individuals with profound to severe physical and mental disabilities. The atmosphere that Pony Bird provides is what makes it such a special place. Pony Bird is filled with love, laughter, and compassion just as any other home should be.

Pony Bird is located in Mapaville, Missouri, just 30 miles south of St. Louis in Jefferson County.

Continual growth led to the expansion of our second location in DeSoto, Missouri, in 2005. Pony Bird serves the Missouri Department of Mental Health's Region XI, which includes St. Louis City, St. Louis, St. Charles, and Jefferson Counties.

It is the mission of Pony Bird, Inc. to provide residential, respite, adult day programming, and recreation/community integration to individuals of all ages who are non-ambulatory with profound to severe physical disabilities as well as profound to severe mental disabilities.

In providing these services, we will support the residents, their families, and the community. We will do this by providing highly trained staff to deliver services with respect and dignity for human rights.

Residential Service Provided—Twenty-four hour personal care is provided by trained staff.

Dietary management, health care, occupational therapy, physical therapy, speech therapy, recreation, and social events are provided to all the members of the Pony Bird Family. An RN/LPN is available 24 hours a day, 7 days a week. Community outings and in-house programs focus on social, emotional, spiritual enriching opportunities, as well as new skill development for continued growth.

Recreation—Pony Bird provides many recreational opportunities such as a three-day summer camp specifically designed to meet the needs of individuals with severe disabilities. The individuals we support are very active community members, taking part in community events and organizations. These opportunities are so important to their independence, self-esteem, and self-worth.

Day Program—Pony Bird operates an adult day habilitation program for individuals over the age of 21.

Respite—Overnight and day respite are available to families in the community with a child or adult requiring specialized care. For more information contact the Respite Coordinator at (636) 931-5818.

Admission-Residential—Interested parties should contact their Service Coordinator or the St. Louis Regional Office to complete the necessary paperwork for referral for placement or services from Pony Bird, Inc. For those individuals without a Regional Center Service Coordinator, please contact Pony Bird, Inc. and speak to the Executive Director or Director of Operations.

JC TRANSIT
3875 Plass Road
P.O. Box 99
Mapaville, MO 63065

(636) 937-6454

(888) 793-9333

www.jcddrb.org/transport

JC Transit is a transportation system established by the Jefferson County Developmental Disabilities Resource Board (JCDDRB) to provide transportation services to the disabled of Jefferson County.

Individuals who are disabled as defined by the Americans with Disabilities Act (ADA) are eligible to receive transportation services. This includes individuals who have a physical or mental impairment which prevents them from taking care of themselves independently.

Examples of mental impairment include: mental retardation, cerebral palsy, Autism, epilepsy, learning disabilities and emotional or mental illness. Examples of physical impairment include: orthopedic, muscular dystrophy, multiple sclerosis, etc.

JC Transit staff will review all applicants for service and determine eligibility on an individual basis. To request services, one should call (888) 793-9333 (toll-free number) or (636) 937-6454. A representative of JC Transit will assist you.

Scheduled routes are provided for individuals who attend developmental training programs or are employed at JSI.Org. (Jeffco Subcontracting, Inc.—sheltered employment) and Pony Bird.

Request-a-Ride—call 48 hours in advance to arrange services. An individual may call to

schedule these trips. Rides may be scheduled for medical trips, shopping, employment, nutrition sites and leisure.

Services are available daily from 6:00 a.m.—10:00 p.m. Services will not be provided on the following holidays: New Year's Day, Easter, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and the day after, and Christmas Day.

*** * * NOTES * * ***

RESOURCES

2-1-1 is an easy to remember telephone number that, where available, connects people with important community services and volunteer opportunities. The implementation of 2-1-1 is being spearheaded by United Ways and comprehensive and specialized information and referral agencies in states and local communities. United Way of America (UWA) and the Alliance for Information and Referral Systems (AIRS) strongly support federal funding so that every American has access to this essential service.

JEFFERSON COUNTY SERVICES

The following information is provided to help people with a developmental disability locate the supports and services they need.

Provider agency list below is in alphabetical order and includes the agency name, phone number, website (if applicable), and the services the agency provides. Where Therapies is listed, therapies include PT, OT, Speech, Counseling, Behavioral).

Aaron Psychology www.abilitynetwork.org Therapies	(314) 275-7600
Ability Network Assessment; Therapies	(866) 483-3555
ADA Project (Technical Information) www.adaproject.org Advocacy &/or Legal; Assistive Technology &/or Home Modifications; Community Planning &/or Awareness &/or ADA; Information &/or Referral	(800) 949-4232 (573) 882-3600 V/TTY

Adapt-Ability, Inc. (314) 432-1101
www.adapt-ability.org

Assessment; Assistive Technology &/or Home
Modifications; Vocational &/or Adult Learning
Supports

Adult Vocational Services (*see NextStep for Life, Inc.
Employment Services*)

Behavioral Health Response (800) 811-4760
www.bhrstl.org (Crisis Hotline)
(314) 469-6644

Crisis Services; Information &/or Referral

Behavior Intervention Services (BIS) (314) 544-5544
www.behaviorinterventionservices.com

Personal Care Attendant &/or Other In-Home;
Therapies

Brain Injury Association (800) 377-6442
of MO, Inc. (St. Louis)
www.biamo.org

Advocacy &/or Legal; Information &/or Referral

Bridges (314) 781-7900
www.bridgescss.com

Personal Care Attendant &/or Other In-Home;
Residential; Therapies

Bureau of Special Health Care Needs (314) 877-2850
www.dhss.mo.gov/SHCN (800) 451-0669
Assessment; Information &/or Referral; Personal Care
Attendant &/or Other In-Home; Service Coordination;
Therapies

COMTREA (636) 931-2700
(Community Treatment, Inc.) (636) 296-6206
www.comtrea.org
Adult Supports (day care/habilitation); Assessment;
Information &/or Referral; Residential; Respite &/or
Family Supports; Service Coordination; Support
Group; Therapies

Cooperative Attendant Services (314) 772-8585
Personal Care Attendant &/or Other In-Home;
Residential

Council for Extended Care (314) 781-4950
www.cecstl.org
Residential

Council for Extended Care / (636) 274-9044
Sunnyhill Adventures
www.sunnyhilladventures.org

Developmental Services of Jeff. Co. (DSJC) (see
NextStep for Life, Inc.)

Disability Resource Association (DRA) (636) 931-7696
www.disabilityresourceassociation.org (636) 937-9012

Advocacy &/or Legal; Assessment; Assistive
Technology &/or Home Modifications; Community
Planning &/or Awareness &/or ADA; Information &/or
Referral; Personal Care Attendant &/or Other
In-Home; School Aged Supports (K-12); Service
Coordination; Support Group; Transportation

Disability Support Systems of Jefferson County (DSS)
(see *NextStep for Life, Inc. In-Home/Family Support
Services*)

Emmaus Homes (636) 946-6144
(St. Charles & Marthasville) (636) 328-0373

www.emmaushomes.org
Residential

First Steps Pediatrics (314) 276-1789
www.firststepspediatrics.net/trainingprograms
Therapies

Fox C-6 Special Education (636) 296-8000
www.fox.k12.mo.us/depts/specialed

Assessment; Preschool Supports; School Aged
Supports (K-12); Therapies; Transportation

Governor's Council on Disability (800) 877-8249
www.gcd.ia.mo.gov

Advocacy &/or Legal; Community Planning &/or
Awareness &/or ADA; Information &/or Referral

Help at Home (636) 789-2670
www.helpathome.com (877) 929-4244
Personal Care Attendant &/or Other In-Home;
Residential

Independent Life Center (636) 937-9520
www.independentlifecenter.org (636) 209-0782
Vocational &/or Adult Learning Supports

J C Transit (888) 793-9333
www.jcddrb.org/transport (636) 282-4470
Transportation

JeffCo Express (636) 933-9380
www.jeffcoexpress.org
Transportation for People of All Abilities

Jefferson County Developmental (636) 282-4400
Disabilities Resource Board (JCDDRB)*** (636) 933-0244
www.jcddrb.org
Advocacy &/or Legal; Community Planning &/or
Awareness &/or ADA; Information &/or Referral; Other

JCDDRB TOGETHER (636) 282-4400
www.jcddrb.org (636) 933-0244
Community Planning &/or Awareness &/or ADA

JCDDRB-Service Coordination Office (636) 282-4444
www.jcddrb.org/service (636) 937-6946
Advocacy &/or Legal; Community Planning &/or
Awareness &/or ADA; Information &/or Referral;
Service Coordination

Jefferson College (636) 797-3000
www.jeffco.edu (636) 942-3000
Vocational &/or Adult Learning Supports

Jefferson County (636) 464-5144
Community Partnership (JCCP)
www.jccp.org
Community Planning &/or Awareness &/or ADA;
Information &/or Referral

Jefferson County Health Department (636) 789-3372
www.jeffcohealth.org (636) 282-1010
Information &/or Referral; Other

Jefferson-Franklin Community Action / (636) 789-2686
Head Start (636) 629-6193
www.jfcac.org
Assessment; Information &/or Referral; Preschool
Supports

JSI.Org. (Jeffco Subcontracting) (636) 296-6211
www.jsi.org
Vocational &/or Adult Learning Supports

Judevine Center for Autism (800) 780-6545
www.judevinecenter.org

Adult Supports (day care/habilitation); Assessment;
Crisis Services, School-Aged Supports (K-12),
Therapies; Other

Kiwi Creative Services (314) 894-0250
www.kiwicreativeinc.com

Assistive Technology &/or Home Modifications

Legal Services of Eastern MO (314) 534-4200
www.lsem.org (800) 444-0514

Advocacy &/or Legal; Information &/or Referral

Lormax (866) 495-5437
<http://lormax.org>

Assessment; Therapies

Mapaville State School (636) 931-0080
www.dese.mo.gov/divspeced/stateschools

Assessment; School Aged Supports (K-12); Therapies;
Transportation

Mini-School of Jefferson Co. (636) 677-5596
Preschool Supports; Respite &/or Family Supports

MO Assistive Technology Project (800) 647-8557
www.at.mo.gov (816) 373-9315 tty

Assistive Technology &/or Home Modifications;
Information &/or Referral

MO Dept. of Social Services - Children's Division
www.dss.mo.gov/cd (636) 797-9636
Crisis Services; Residential; Service Coordination;
Other

MO Dept. of Social Services - Family Support Division
www.dss.mo.gov/fsd (636) 797-9601
& Income Maintenance (636) 287-1364
www.dss.mo.gov/fsd/pap.htm
Crisis Services; Information &/or Referral; Service
Coordination; Other

MO Div. of Vocational Rehabilitation (VR) (877) 222-8968
www.vr.dese.mo.gov (800) 640-7110
Assessment; Information &/or Referral; Vocational
&/or Adult Learning Supports

MO Div. of Youth Services (314) 340-6904
www.dss.mo.gov/dys/ro.htm
Residential

MO Family Care Safety Registry (866) 422-6872
www.dhss.mo.gov/FCSR
Information &/or Referral; Respite &/or Family
Supports

MO First Steps** (866) 583-2392
www.dese.mo.gov/divspeced/FirstSteps (636) 584-7279
Assessment; Information &/or Referral; Preschool
Supports; Service Coordination; Therapies

MO Health & Senior Services (636) 789-3372
www.dhss.mo.gov (636) 282-1010
Information &/or Referral; Preschool Supports

MO Protection & Advocacy
www.moadvocacy.org (800) 392-8667
Advocacy &/or Legal; Information &/or Referral

MO Rehabilitation Services for the Blind (314) 877-0151
www.dss.mo.gov/fsd/rsb/rhabofc
Assessment; Assistive Technology &/or Home
Modifications; Information &/or Referral; Vocational
&/or Adult Learning Supports

MO School for the Blind (314) 776-4320
www.msb.k12.mo.us (800) 622-5672
Assessment; Assistive Technology &/or Home
Modifications; School Aged Supports (K-12)

MPACT (800) 743-7634
www.ptimpact.com (816) 531-7070
Advocacy &/or Legal; Information &/or Referral

NextStep for Life, Inc. (636) 282-4400
(formerly *Developmental Services*
of Jefferson County, Inc.) (636) 933-0244
www.nextstepforlife.org

NextStep Community Support Services	(636) 282-4415
Adult Supports (day care/habilitation)	(636) 937-1701
 Employment Services	 (636) 282-4477
	(636) 933-4900
Assessment; School-Aged Supports (K-12); Vocational &/or Adult Learning Supports	
 In-Home/Family Support Services	 (636) 282-1414
	(636) 933-3764
Assistive Technology &/or Home Modifications; Community Planning &/or Awareness &/or ADA; Information &/or Referral; Respite &/or Family Supports	
 NextStep-Leisure Services	 (636) 282-4415
Leisure/Recreation	(636) 937-1701
 NextStep-Residential Services	 (636) 282-4450
Residential	(636) 933-9172
 Nurses for Newborns	 (800) 452-4784
www.nfnf.org	(314) 544-3433
Assessment; Information &/or Referral; Personal Care Attendant &/or Other In-Home; Preschool Supports	
 OATS	 (800) 201-6287
www.oatstransit.org	(314) 894-1701
Transportation	

Parents as Teachers

<http://patnc.org>

Assessment; Preschool Supports

Fox

(636) 282-1476

www.fox.k12.mo.us/depts/pat

Northwest

(636) 671-3470 x742

www.nwr1.k12.mo.us/pat

DeSoto, Grandview, Sunrise, Hillsboro

(636) 586-1008

<http://patnc.org>

Assessment; Preschool Supports

Festus, Crystal City, Dunklin,
Jefferson R-7

(636) 933-0792

www.crystal.k12.mo.us/pat.php

Windsor

(636) 464-4408

Petre Construction

(636) 939-5919

www.petreconstruction.com

Assistive Technology &/or Home Modifications

Pony Bird, Inc.

(636) 931-5818

www.ponybird.org

Adult Supports (day care/habilitation); Assessment;
Residential; Respite &/or Family Supports; School
Aged Support (K-12); Therapies

Powderly & Associates
Therapies (636) 938-7044

Relay Missouri

www.relaymissouri.com

For Missouri TTY users (800) 735-2966 or 711

For hearing customers to connect relay users

(866) 735-2460 or 711

Assistive Technology &/or Home Modifications; Other

Reliable Home Care (573) 431-3427

(888) 431-3427

Personal Care Attendant &/or Other In-Home

St. Elizabeth's Adult Day Care Centers (636) 931-7498

(636) 461-0730

Adult Supports (day care/habilitation)

St. Louis Arc (314) 569-2211

www.slarc.org

Information &/or Referral; Leisure/Recreation;

Residential; Support Group; Other

St. Louis Crisis Nursery (314) 768-3201

www.crisisnurserykids.com

Crisis Services; Respite &/or Family Supports

St. Louis Regional Office (DMH) (636) 931-5720

Jefferson Co.

www.dmh.missouri.gov/mrdd/mrddindex.htm

Advocacy &/or Legal; Assessment; Crisis Services;

Information &/or Referral; Service Coordination

Social Security Administration (800) 772-1213
www.ssa.gov/disability

Other

Special Education Services
Contact your local school district for information.

TouchPoint Autism Services (314) 432-6200
www.touchpointautism.org

Adult Supports (day care/habilitation); Assessment;
Information &/or Referral, Residential, Respite &/or
Family Supports, Support Groups, Therapies; Other

Therapy Relief (636) 733-3330
www.therapyrelief.com

Therapies

YMCA of Jefferson County (636) 931-9622
www.ymcastlouis.org/jeffersonco

Leisure/Recreation

For more resources on the Internet:

www.missouri.networkofcare.org

www.eikids.com/mo/matrix (MO First Steps)**

www.jeffersoncountyonline.org

www.jcddrb.org***

ADDITIONAL RESOURCES

Aging Information & Referral	(800) 235-5503
Alcohol Anonymous	(314) 647-3677
Al-non and Alateen	(314) 645-1572
American Red Cross	(636) 464-9150
Birthright of Hillsboro	(800) 300-3518 (636) 789-3518
Catholic Family Services	(636) 937-2157 (314) 968-8010
Down Syndrome Association of Greater St. Louis	(314) 961-2504
Elder Abuse Hotline	(800) 392-0210
Food Stamp Hunger-Line	(800) 392-1261
Hawthorn Children's Psychiatric Hospital	(314) 512-7800
Jefferson County Courthouse	(636) 797-5555
Jefferson County Economic Development Corporation	(636) 797-5336
Jefferson Co. Growth & Development Association	(636) 282-0673 (314) 210-0211
Jefferson County Juvenile Office	(636) 282-0241
Jefferson Regional Medical Center	(636) 933-1000

Lutheran Family & Children Services	(800) 727-0218 (314) 787-5100
Mid-East Area Agency on Aging	(800) 243-6060 (636) 296-0475
Missouri Division of Employment Security	(636) 467-2307
Missouri Dept. of Health & Senior Services Jefferson County Ombudsman	(636) 797-9822 (800) 309-3282
Missouri Dept. of Social Services Child Abuse/Neglect Child Support General Info	(800) 392-3738 (800) 859-7999
Missouri Healthnet (formerly Missouri Medicaid)	(800) 392-2161
Missouri School Violence	(866) 748-7047
National Council on Alcoholism & Drug Abuse	(314) 962-3456
Poison Hotline (Cardinal Glennon's)	(800) 222-1222
Provident Counseling	(314) 898-0102
RAVEN (Self-Help / Counseling for Abusive Males)	(314) 645-2075
St. Anthony's Hyland Behavioral Health Services	(800) 554-9550
Suicide Hotline / Life Crisis Services	(314) 647-4357 (314) 647-5959 TDD

United Way of Greater St. Louis	(800) 427-4626 (800) 427-INFO
Veteran's Administration	(800) 827-1000
Visiting Nurse Association - Hospice	(800) 392-4740 (314) 918-7171
YES Youth Emergency Services	(314) 727-6294

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Jennifer Wooldridge, Executive Director

For more information on TOGETHER, to report updates, or to request an alternate format or additional copies, please contact one of the TOGETHER Co-Facilitators listed below:

Jennifer Wooldridge
JCDDR
(636) 282-4400
(636) 933-0244

OR
Linda Wolf
NextStep for Life, Inc.
In-Home/Family Support Services
(636) 282-1414 or (636) 933-3764